



Naming a beneficiary for your life insurance benefit is an important step to take.

You can log into **mysunlife.ca** and use our online beneficiary feature.

It's a good idea to regularly review and update your beneficiary designations. Pick a date you'll easily remember — maybe a birthday or anniversary. This will help to protect your family if you pass away. It will also help us to pay your beneficiaries, as you had intended.

You can sign in today to make the updates now.



Login to **mysunlife.ca**



Go to the Profile icon found at the top, right-hand side of the home page. Next, select **Personal information**, then select **Beneficiary Information** from the Sun Life Group Life Benefits option.



Take a moment to view your beneficiary information and then follow the steps to enter or update your beneficiary.



During your review, you will see this information symbol. It will help you understand everything you need to know.



If you miss something important, this icon will appear to let you know.

Life's brighter under the sun

Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies. DS-9055-E-05-23-lj-jf

