



Registering online? We can help!

We're always looking for ways to make it easier for you to interact with us, and our online registration process is no exception. **mysunlife.ca** and the **my Sun Life mobile app** give you the online tools you need to manage your plan. Here's how to register for access:



You can register with the email provided by your employer, or with your personal email

1. Go to **mysunlife.ca** and select **Register**.
2. Enter either the **email your employer provided**, or your **personal email address**.
3. Once entered, **we'll send an email to confirm** your email address. If you've used the **email address provided by your employer**, go to **step 4**. If you're registering with your **personal email**, please go to **step 6**.
4. Next you'll set up your **password** and **verification Q&A**.
5. Congratulations! Your **registration is complete**.



Completing registration with your personal email

6. Complete your **personal information**.
7. You'll be asked to **verify your identity**. You'll be asked to sign in with your current financial institution.

Don't worry, if your financial institution isn't listed you can click **verify your identity another way** and answer a few questions.

That's it! **You are now registered**.

Life's brighter under the sun

Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies. GRP-1667-E-05-23-lj-jf

